

The background features a stylized, high-contrast illustration of a hockey stick and puck. The stick is positioned diagonally from the top right towards the bottom center, with the blade pointing downwards. The puck is located at the bottom center of the frame. The background is composed of various shades of gray and white, creating a sense of depth and movement through geometric shapes and shadows.

**Worthington**

**Hockey**

**Association**

WELCOME BACK!!! We are VERY excited to begin the 2009-2010 Hockey Season!



Last year through our fundraising efforts and the sub-leasing of the Hockey Arena we were able to complete the following:

- Repairs to the zamboni
- Repairs to the sprinkler system
- Repairs to the compressor and condenser
- Complete pay Off of the mortgage
- Remodeling of dry land training area

For this upcoming year we have the following items to plan for:

- Further repairs to the sprinkler system
- Explore the possibility of replacing existing bleachers
- Remodeling the announcing booth/penalty box areas
- Create a reserve for unexpected expenses

You and your child(ren's) support is essential in the following upcoming fundraising events and so we can continue to grow our "Hockey Family":

- Calendar Sales
- Pie Sales
- Puffin Sales
- Trip Give Away Sales
- Attract New Members
- Volunteer Hours

It can not be stressed enough how vital it is to our entire association that everyone participate in these fundraising events. Success of these fundraisers helps keep hockey fees down so that it can be more affordable to everyone. Without everyone's full participation in these fundraising opportunities the more likely our association will fail. PLEASE keep this in mind and help with the continued success of our association.

We are looking forward to seeing all of you and making this a very successful Hockey Season! Thank you in advance for your continued help and support! We could not achieve all that we do without all of your valued efforts!

Mike Fogelman  
WHA President

## **2009-2010 Board of Directors**

President	Mike Fogelman	(507) 370-0194	mandmf@frontiernet.net
Treasurer	Greg Clark	(507) 727-5442	gjc123@iw.net
Secretary	Jodi Schroeder	(507) 360-8957	odiekschroeds@yahoo.com
Gambling Manager	Deb Olsen	(507) 372-2048	sparky56187@yoahoo.com
Member	Colleen Bui	(507) 372-4524	cut4ushearexp@hotmail.com
Member	George Carlson	(712) 336-0596	1stopcleaningshop@mchsi.com
Member	Scott Oberloh	(507) 376-4535	smoberloh@iw.net
Member	Cliff Shriner	(507) 360-8556	cliff@yourwayinc.com
Member	Wes Scholtes	(507) 343-9662	patty@yourwayinc.com
Arena Phone Number:		(507) 376-5252	
Information Line:		(507) 376-2202	wgtnhockey@yahoo.com

# **Introduction**

## Player's Creed:

We live clean and play hard.

We play for the love of the Game.

We win without boasting, we lose without excuses, and we never quit.

We respect officials and accept their decisions without question.

We never forget that we represent our community.

## Spectator's Creed:

We never verbally abuse a player or an official.

We appreciate a good play no matter who makes it.

We know we represent the Worthington Hockey program by our conduct.

# **Goals and Objectives**

The goals of the Worthington Hockey Association are:

1. Develop a sense of team play and sportsmanship.
2. Develop the playing skills of each participant.

The objectives of the Worthington Hockey Association are:

1. to help our youth develop into better hockey players and adults through the experiences they gain as participants in organized hockey.
2. To encourage each youth to consistently put forth his/her best effort, to have the courage to accept the results of that effort, and to have the determination to constantly strive to improve that effort.

Parents have a fantastic influence on their children's attitudes toward team sports. The secret of any individual success is learning one's capacity and capabilities and working toward them. If you find that you don't try to push a younger player beyond his or her ability, and instead, encourage his/her participation and applaud his/her accomplishments, there is little chance of any permanent damage, be it physical or emotional.

With this objective in mind, and with cooperation among players, coaches and parents, we can have a hockey program which will have a very positive effect on the development of the participants.

## **Age Groups**

(Age as of June 30, 2009)

- |                        |               |
|------------------------|---------------|
| 1. Mites               | age 4 - 8     |
| 2. Squirts             | age 9 - 10    |
| 3. PeeWees             | age 11 - 12   |
| 4. WHS Varsity (Girls) | grades 7 - 12 |
| 5. WHS Varsity (Boys)  | grades 8 - 12 |

## **Registration Fees**

For the 2009-2010 season, ALL NEW MAHA SKATERS will have FREE REGISTRATION. (That means all new Mites through Pee Wees will receive their first year's registration free. First year skaters at Varsity/JV level will only pay Dist #518 Fee \$100)

Registration fees will be as follows:

Mites	\$140.00
Squirts	\$220.00
PeeWees	\$250.00
Girls 12U	\$220.00
WHS Varsity:	
Boys	\$250.00 + \$100 PAYABLE TO Dist #518
Girls	\$200.00 + \$100 PAYABLE TO Dist #518

All new skaters who receive free registration but fail to complete the hockey season, will need to pay the registration fee as a returning skater the following years.

## **Registration requirements**

Any person wishing to participate in the Worthington Hockey Association must complete all of the following registration forms & requirements. Our association registrar provides the forms for you at the time you sign up.

1. Worthington Hockey Association Registration/Commitment form
2. USA Hockey Waiver of Liability Agreement.
3. USA Hockey Consent to Treat Form.
4. Worthington Hockey Association Substance Abuse Policy (grades 6 & up).
5. Worthington Hockey Association Academic Eligibility Policy (grades 6 & up).
6. Copy of Certified Birth Certificate from county courthouse of county player was born in.
7. All equipment from the previous season must be turned in and accounted for by Equipment Committee.
8. Volunteer Hours- See page 8 for detailed information as to how our volunteer hours system works.

## **Female skater registration.**

With the hope that female skater participation in WHA will continue to grow and serve as a very successful feeder program for the WHS girl's varsity hockey team, the WHA Board of Directors offers the following registration suggestions.

FEMALE SKATERS WHO ARE NEW TO WORTHINGTON HOCKEY ASSOCIATION are encouraged to register according to the following guidelines:

1. Ages 4-8 are strongly encouraged to register on the Mite team where they can acquire the basic fundamentals of the game.
2. Ages 9-10 are welcome to register on either the boy's squirt team or on a girl's team. If the WHA is offering two girls teams, guidance will need to be sought about which team is most appropriate.
3. Ages 11-15 are strongly encouraged to register on the appropriate girls team. Play becomes more physical at this level on the boy's PeeWee team with the introduction of "checking", so the WHA encourages females to be playing on the girls team at this age. This coincides with the "no checking" philosophy of girls hockey.
4. Grades 7-12 may be eligible to play on the WHS girls varsity team depending on the coach's criteria on age and ability. If the skater fails to qualify for the girls varsity team, she may register on a MAHA girls team if it is offered.

## **Gender separation in dressing rooms**

During practice and games held at the Worthington Ice Arena, upon request, one of the dressing rooms will be designated as a dressing room for "females only". All WHA female players, regardless of age, can use the dressing room. It will be offered to visiting teams. This policy will be enforced at all age levels by the team coach.

All players must be dressed for hockey games 20 minutes prior to the scheduled start time of the game so that female players can join the team's dressing room for review of game strategies and discussion (Male players that arrive late - less than 20 minutes before scheduled start time of the game - will dress in the bathroom.

# **WHS Varsity Hockey**

Boy's Hockey was added as a varsity sport at Worthington Senior High School beginning in the 1998-99 school year. Girl's Varsity Hockey was added as a varsity sport in 1999-2000. Listed below are a few of the highlights of varsity hockey.

1. Head coaches are now paid by District #518.
2. The registration fee of \$100 is payable to WHS.
3. The WHA will be responsible for all financial expenses beyond the \$20,000 from ISD518 through the 2008-09 season.
4. Varsity skaters must comply with Minnesota State High School League rules of eligibility.
5. The WHA will provide each varsity skater with both an away and a home jersey. All other equipment will be the responsibility of the skater.
6. The varsity teams will be bussed to all away games and scrimmages. Extra seats on the busses will be available to parents and fans for a small fee.
7. Games will take place on Mondays, Tuesdays, Thursdays, Fridays and Saturdays. Sunday games are not allowed.
8. The ISD518 Athletic Director has the responsibility of scheduling games and scrimmages.
9. The WHA will retain 100% of all gate receipts and concessions for varsity games. We will receive no income from ISD 518 passes (student or adult)
10. Varsity teams are limited to 22 players, two of whom can be goalies. In the future, if more than 22 players are trying out, the WHA will decide whether to field a high school junior varsity team.
11. Some of the varsity games will be broadcast on radio. The coaches will be heard on "Coaches Corner".
12. The WHA may be selling varsity hockey accessories such as sweatshirts, t-shirts, etc. as fundraisers.
13. Varsity skaters will participate in pep rallies, athletic banquets, etc.
14. All varsity skaters and families are reminded they are part of WHA and are needed to continue involvement in fundraisers, concession stand, and volunteering.
15. The WHS band will be performing at some of the home games.
16. There will be hockey cheerleaders.
17. Varsity players will be informed of beginning practice dates by District 518.
18. Everyone's help is needed to increase attendance at home games.
19. Varsity skaters are encouraged to help out at the younger levels.

# **Parent Commitment**

## **VOLUNTEER HOURS**

- 1) The Worthington Hockey Association relies on its members to provide volunteer services in various areas of our organization. These volunteer hours are necessary in an effort to keep registration costs and operating expenses down.
- 2) For the 200-2010 season, each family will be required to volunteer 30 hours. Of these 30 hours, a minimum of 10 will be required in the concession stand, 5 on committee work & 15 in other areas.

## **Available to all families: “Buy Out Option”**

We are offering a “buy out” option to families for the season. This “buy out” will include the following options:  
You can buy out all of your volunteer hours (30) for \$360.00

These amounts are in addition to regular registration costs. “Buy out” payments are only available at the time of registration. The volunteer hours that families decide to “buy out” will be documented.

## **Earning volunteer hours**

Below are listed some of the areas in which parents can volunteer. Please complete the Parent Commitment Sheet for the season to indicate your willingness. This commitment sheet is available at the registration table.

Seasonal start up		Other Fundraisers
Team parents	Coaching	Scorekeeping
Penalty box/Goal judges	Equipment inventory	Ticket taker
Raffle tickets	Season Close down	Summer fundraisers
Construction projects	Banquet committee	Public relations
Calendar sales	Tournaments	Concession stand
Board Member	Bleacher Committee	JV Program

## **Recording volunteer hours**

When you work any volunteer hours during the hockey season, they should be reported to the staff of the concession stand or the chair for any committee that you are working on. If you work the ticket sales, penalty box, time clock or announcer, please record these hours on the sign-up sheet which will be located on the bulletin board near the arena office door. Please be sure to list your name, your skater’s name, the date, number of hours worked and what type of work was completed. Concession stand hours will be recorded by the staff and committee hours recorded by the chair person. Please be sure to give them the hours that you work.

If you are working volunteer hours at an event that is located elsewhere than the arena, the person in charge should have a sign-in sheet for you to record your hours. Your hours will be documented on the volunteer hours display chart during the season for your reference.

## **Fundraising**

All youth (Mites – Varsity level) and parents in the WHA are asked to participate in all our fundraising activities. The participation of all members of the association is vital in order to ensure adequate funding for the hockey program.

## **Concession Stand**

The WHA operates the concession stand at the arena. This is a good income source, so please support the stand at all times. During the 2009-2010 hockey season, all families are required to work a minimum of 10 hours in the concession stand. Each team will be assigned a month which is their responsibility for assigning families to work. It will be your responsibility to find a replacement if you cannot work at your assigned time. Families who fail to either work or find a replacement will be assessed \$15 per hour to cover lost income in the concession stand. Also, please be willing to work in the stand any month of the season, not only the month when your team has primary responsibility. With everyone's cooperation, the concessions stand can continue to be a successful source of income for the association. It is asked that workers please follow the manuals for opening and closing the concession stand.

## **Advertising Signs**

The WHA is extremely grateful to the businesses and individuals who support the association through their advertising signs displayed in the arena. Because of their continued financial support, we are able to make steady progress on our building debt. PLEASE SUPPORT THESE BUSINESSES, AS THEY HAVE BEEN GENEROUS IN SUPPORTING YOUTH HOCKEY. If you would like more information about the advertising signs, please call a WHA board member.

## **Grievance Committee**

The WHA Board of Directors functions as this committee, whereby any referee, parent, coach, or youth with the program can register a complaint or grievance within 24 hours of the incident. The complaint must be in writing and be given to the President of the WHA Board of Directors. It must be noted here that any parent complaint involving a coach must be brought before the WHA Board of Directors. Under no circumstances is it allowed for a parent to directly approach a coach with a complaint.

## **Worthington Hockey Association Budget 2009-10**

### **Total income \$174,000**

Arena income \$53,500

Fund raisers income \$80,000

Tournaments income \$15,000

Youth teams income \$8,000

Trojan boy's income \$11,500

Trojan girl's income \$ 5,500

### **Total expense \$174,000**

Arena expense \$108,000

Fund raisers expense \$31,500

Tournaments expense \$7,500

Youth teams expense \$9,000

Trojan boy's expense \$12,000

Trojan girl's expense \$6,000

# **General Policies**

## **Competitive philosophy**

**MITES:** Noncompetitive. Games and practice will be conducted in low-key fashion with no emphasis put on scoring or winning. Coaches will attempt to give equal playing time in all games. Also, goalies should have approximately equal playing time.

**SQUIRTS:** Introduction to competitive hockey. Coaches will attempt to provide equitable playing time based on age, skill and/or experience as seems most appropriate for each game throughout the season. Also, goalies should have approximately equal playing time for the season.

**PEEWEEES:** Competitive. Coaches will attempt to provide equitable playing time based on age, skill and/or experience as seems most appropriate for each game throughout the season. Checking is introduced.

**JV AND WHS VARSITY:** The WHS Varsity and JV will play competitively. These levels should strive to be the showcase of the organization with respect to sportsmanship as well as skill levels.

## **Player “moving up” policy – (Mite – Pee Wee)**

A player requesting to "move up" to the next level, even though that player's birth day would allow him/her to remain at a lower level, will be influenced by the following steps with final approval coming from the board:

1. Need for numbers of players at the upper level.
2. The ability to keep strong numbers at the lower level.
3. Player's skill level.
4. Board will solicit input from coaches at both levels.
5. Parent request needs to come directly to the board.

## **Unsportsmanlike behavior:**

Unsportsmanlike behavior will not be tolerated by any member of this organization (INCLUDING PARENTS, PLAYERS AND COACHES), and all incidents will be dealt with on a case-by-case basis. A player and/or coach can be removed from the team for disciplinary reasons. In the case of a player, the coach should discuss the problem with the parents, and if necessary, the Hockey Association Board of Directors or Rules and Infractions Committee. If the problem cannot be resolved to the best interest of all concerned, then the player and/or coach can be removed from the team. A coach can be removed from the team for unsportsmanlike behavior. The Worthington Hockey Association Board of Directors is responsible for this action.

# Insurance Coverage For Members

## **A. General Liability Insurance**

Provides comprehensive general liability insurance with a \$1,000,000 limit per occurrence, with no annual aggregate limit. This coverage protects USA Hockey and its registered members against claims of negligence during a USA Hockey-sanctioned event. (Policy exclusions apply to this coverage; for additional information contact your District Risk Manager).

**B. Participant Accident (Excess) Insurance** This coverage is provided for registered members participating *on all USA Hockey registered teams* and registered officials. It provides participant medical accident insurance for the covered medical expenses of registered members, **on an excess basis**, over and above their personal or group medical insurance, with **no deductible** per accident (**if there is other valid and collectible insurance in force at the time of the accident**). If there is **NOT other valid, collectible medical insurance in force at the time of the accident**, the deductible becomes \$1,000 per accident, before participant and accident insurance applies. Medical expenses for physical therapy, braces and prescriptions, and the deductible portion of a primary insurance policy up to \$1,000, are some of the expenses **not covered** under the policy.

## **C. Catastrophic Injury Insurance**

Provides \$2,000,000 insurance for a seriously injured member's medical, dental or rehabilitation expenses which are greater than \$25,000 (which is the policy's deductible). An important policy benefit is the provision of case management/assistance services.

# Responsibilities of Team Parent

At the beginning of the season, a parent/parents need to volunteer to be designated as the "Team Parent/s" for the season. This designee will have the following responsibilities:

1. Fundraisers - Getting fundraiser items (such as order forms, etc.) out to your team parents, collecting and returning information to the fundraising chairperson by a set date.
2. Concession Stand - Finding workers for own home tournament and for the month your team is assigned to find workers.
4. Phone Tree - Relaying information to parents from the coach.
5. Party - Planning an end-of-the-season party for your team with coaches' gifts.
6. Reservations - Making motel reservations for families when staying out of town for games or tournaments.
7. Tournament Money - Collecting extra money from families if needed to pay for extra tournaments.

**The responsibilities of the team parent continue after the hockey season until the beginning of the next hockey season.**

## **Equipment Information**

The WHA provides helmets & jerseys for its hockey players. Goaltending equipment is also provided for goalies. All other equipment is the responsibility of the player. The following list is recommended as a guideline when purchasing the equipment needed to play hockey.

- **MOUTHGUARDS** must be worn by ALL PLAYERS during practices, games, and open hockey. The mouth guard must be colored and attached to the facemask...NO EXCEPTIONS!
- **HELMETS** - due to the limited availability, distribution begins at the younger levels. All players must wear an AHAUS approved hockey helmet and face mask during games, practices, and open hockey. All registered members 18 years and younger must wear a helmet whenever on the ice or in the player or penalty box. The helmet must have all straps intact and all screws in place. If you lose screws, do not substitute others. Contact your coach for helmet screws. These are specially designed to reduce the risk of injury to the head and face. Each helmet can be made smaller or larger by adjusting the screws. You may wear your own helmet as long as it meets AHUAS standards. The Worthington Hockey Association requires that all helmets be white so that players are dressed uniformly. (This is also a USA Hockey rule for team uniformity.)
- **BREEZERS** -are required at the Squirt level and above. They are encouraged at the Mite level.
- **HOCKEY GLOVES** are required beginning at the Squirt level.
- **HOCKEY SOCKS**- are the responsibility of the player. Official Association socks are available at Center Sports. Having both a pair of practice and a pair of game socks is recommended. A garter belt or tape will be needed for the socks.
- **HOCKEY SKATES** proper fitting skates are vital in the game of hockey; it is recommended you use the guidance of someone who is knowledgeable about hockey skates when trying on and buying skates.
- **SHOULDER PADS** - are recommended at the Mite level and are required at the Squirt level.
- **SHIN GUARDS/ELBOW PADS** are required at all levels.
- **ATHLETIC CUPS** are required at all levels.
- **NAME TAGS** - are optional and can be ordered at Center Sports. The name tag should be hand basted to the upper back of the jersey so that it can be easily removed at the end of the season and used next year.
- **STOP PATCHES** - are required for Squirt level and above. STOP stands for "Safety Toward Other Players." They are provided by District 4 and must be worn on the back as a reminder to avoid unsafe checking.
- **HOCKEY STICKS** - for younger players will need to be cut down to size. Check with your coach for proper length. (With skates on the stick should come up to their nose.) Make sure that you have your name on your stick and please make sure you take your own stick home. Please keep your sticks in the barrels provided outside the locker rooms.

- NECK GUARDS - are not required but are strongly recommended for protection from flying sticks, pucks, and skate blades.
- GOALTENDER EQUIPMENT - all goalies are supplied with leg pads, blocking board, catching glove, and shoulder pads. Mites and Squirt goalies are supplied with a goalie stick. PeeWee and above must supply their own sticks. It is a good idea to oil the leather parts a couple times during the season to keep the leather parts soft and flexible. Use any good glove oil. DO NOT try to custom fit the leg pads by cutting straps. The care and return of all goalie equipment is the responsibility of the player it is issued to. Do not loan the equipment to other players. Coaches will issue goalie equipment when practices begin.
- Please remember that all protective gear is to be worn covered during games, practices, and open hockey. NO LOOSE STRAPS, SCARVES, OR JEWELRY ARE ALLOWED!
- Helmets and goalie equipment will be handed out at a designated time. There will also be an equipment exchange night on the two nights of registration. Used hockey equipment is also available at area sporting goods stores.
- All issued equipment is the property of Worthington Hockey Association and must be returned, clean, at the equipment return night. If you are not available to attend equipment return night, it is your responsibility to get the equipment to someone to return it for you or make prior arrangements with the equipment committee. NO EXCEPTIONS. We will make every effort to provide equipment for hockey camp after all equipment is in. This also applies to goalie equipment.
- We want Worthington Hockey to be for ALL kids. If these create a financial hardship, help may be available on an individual basis. Please contact the Worthington Hockey Association Board if help is needed.
- Jerseys will be distributed after practices begin.

## **Worthington Hockey Tournaments**

Bantam A/B Tournament	Jan 8 – 10, 2010
Squirt A/B Tournament	Jan 29 - 31, 2010
Pee Wee A/B Tournament	Feb 12 – 14, 2010
Host District Tournament	Feb 19 - 21, 2010
Figure Skating Recital	February 28, 2010
Mite-Mini Mite Jamboree	Mar 5 - 7, 2010